

James Waslaski is an Author and International Lecturer who has pioneered deep pain free orthopedic and medical massage techniques for the treatment of chronic pain and sports injuries. With over 20 years experience in the medical profession and extensive work with professional and Olympic athletes, he now teaches approximately 40 seminars per year throughout the United States, Canada, Ireland, Scotland, London, Greece, Australia, Costa Rica, Puerto Rico and the Caribbean. James has produced a series of six videotapes on sports injuries and complicated orthopedic conditions. He has presented at State, National and International conventions, including a keynote speech in Sydney Australia, the Olympic Training Center in Australia, the College of Sports Medicine, and at Chiropractic Conventions in Florida and South Carolina. His numerous articles have been published in magazines worldwide. James has received the 1999 International Achievement Award for educating medical practitioners throughout the world towards integrated pain free healing. For detailed information go to www.orthomassage.net

Orthopedic Massage for Thoracic Outlet and Frozen Shoulder Release

This powerful presentation is requested throughout the world. Based on structural integrations and our revolutionary joint capsule work, you will combine multiple disciplines and learn a systematic approach to getting immediate results in patients with severe thoracic outlet and frozen shoulder problems. We will also address rotator cuff injuries, bicipital tendonitis, and shoulder impingement problems. We will focus on modalities such as functional assessment, myofascial release, neuromuscular therapy, scar tissue mobilization techniques, P.N.F. stretching, strengthening and unique patient home care protocols. The unique joint capsule work has helped release thousands of frozen shoulder conditions and will revolutionize your results with complicated shoulder conditions. For detailed information please go to www.orthomassage.net

Pelvic Stabilization “The Key to Structural Integration”

This unique presentation will address the clinical approach to assessment, treatment and rehabilitation of the spine and pelvis. Specific conditions addressed will be low back pain, SI joint dysfunction, and lumbar compression and disc pathologies of the lower back. In addition, we will address hip pain, hip capsule problems and sciatica. Primary modalities utilized will be functional assessment, myofascial release, neuromuscular therapy, multidirectional fractioning, eccentric scar tissue alignment, P.N.F. stretching and patient home care protocols. This unique multidisciplinary approach to deep tissue release for structural alignment will be completely pain free and will allow for immediate and permanent results; even in the most complicated pain conditions. For detailed information please go to www.orthomassage.net

Orthopedic Massage Treatments for Elbow, Wrist, and Hand Conditions

This seminar will teach you to eliminate conditions like carpal tunnel syndrome, tendonitis, nerve entrapments and progressive joint arthritis in as little as one session. Utilizing modalities such as functional assessment, myofascial release, neuromuscular therapy, scar tissue mobilization, myoskeletal alignment, P.N.F. stretching and strengthening in a precise order you will eliminate even the most complicated pain conditions immediately and permanently. You will empower the client to control underlying factors such as repetitive motions and poor postures and teach the client precise home care protocols for life long, pain free living. Our revolutionary approach for pain free scar tissue mobilization and tendon pain release will bring your work to a level you have never imagined. Through the use of human dissections, computerized pathologies, and animated structural movements, you will match the exact modality to the underlying condition, restoring Structural balance and maximizing performance potential in all clients. For detailed information go to www.orthomassage.net

Orthopedic Massage for Complicated Lower Extremity Conditions

Participants will use modalities such as functional assessment, myofascial release, neuromuscular therapy, scar tissue immobilization, myoskeletal alignments, P.N.F. stretching and strengthening in a very precise order. This unique multidisciplinary approach will eliminate even the most complicated pain conditions in the lower extremity immediately and permanently. Discover our cutting edge approach for immediate relief from muscle strains, sprains, myofascial pain, trigger points and tendonitis. Empower the client to take responsibility of each condition by stretching shortened muscle groups and strengthening weak muscle groups. This incredible multimedia presentation will take you inside the human body to thoroughly understand and eliminate conditions such as plantar fasciitis, Achilles tendonitis, posterior medial shin splints, anterior lateral shin splints, anterior compartment syndrome, ankle sprains and joint arthritis. For detailed information go to www.orthomassage.net

THE CENTER FOR PAIN MANAGEMENT

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