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The Center for Pain Management  
3107 Riverbend Drive  
Hurst, TX. 76054  
Ph.# 817-577-8843

# The Center for Pain Management

## Curriculum Vitae

**James Waslaski- L.M.T. / Author & International Lecturer**

### **Education**

- 1974-1976 Associates Degree Lake Region Jr. College ND
- 1978-1996 Nationally Certified Paramedic & Paramedic Instructor  
Cross Trained Emergency Room –Orthopedics, Medical & Trauma
- 1990 Graduate of Suncoast School of Massage-L.M.T.

### **Employment**

- 1978-1989 Paramedic Supervisor / Instructor –United Hospital ND  
Emergency Room Care- High Level Rescue
- 1990-1996 Paramedic Instructor Tampa Florida
- 1990-1997 Sports Massage Instructor Tampa Florida**
- 1990-1995 Chair AMTA National Sports Massage Education Council**
- 1994-1995 Professional Relations Chair- Florida State Massage Therapy**
- 1996-1998 Massage Therapist with the New York Yankees**
- 1996 Massage Therapist at the 1996 Olympic Games in Atlanta**
- 1994-Present International Lecturer on Orthopedic Massage**

### **State, National & International Seminars**

- Florida Chiropractic Convention (Three times)
- Florida State Massage Therapy Convention (Five times)
- American Massage Therapy Association National Convention (Three times)
- International Sports Massage Convention (Three times)**
- Iowa State Massage Convention (Two times)
- Wisconsin State Massage Convention (Two times)
- North Dakota State Massage Convention
- South Dakota State Massage Convention
- New England Regional Conference (Four times)
- AMTA Florida Massage Convention (Three times)
- Scottish International Massage Convention (Three times)**
- Australian International ANTA Convention (Three times)**
- Keynote Speaker ANTA National Convention- Sydney Australia**
- Australian Olympic Training Center Presentation**
- University of South Wales Symposium-Sydney Australia**
- American College of Sports Medicine Presentation-Florida**
- International Cruise Retreat Seminars (Eight times-Developer)
- Developer of 100 hour sports massage program –Tampa Florida**
- International Retreat Seminars in Ireland , Canada, and Greece**

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## **Orthopedic Massage Seminars..... Dedicated Life Long Learners**

### **Publications & Products**

1996-Self Published *Advancements in Event & Clinical Sports Massage Book*

**1999 & 2001 Developed and produced six videotapes on Sports Injuries and Orthopedic Massage which are sold worldwide in PALS and American formats.**

2004-Article "*Medical vs. Orthopedic Massage*"-Published in *Massage Today*

2004 Article-"*Role of Orthopedic massage in Sports Medicine*"-Published in *Florida Massage Magazine*; *Florida Chiropractic Magazine* & *Bodyworkers Magazine* throughout Europe

2004 Article- "*The role of Orthopedic Massage in Physical Health, Emotional Health, and Spiritual Health*"-Published in *Health and Well Being Magazine*

2004-Developed a manual on Orthopedic Massage

Contributor to Articles in *Massage Magazine* and *Massage Therapy Journal*

Columnist for *Raceplace Magazine* in Tampa Florida on Sports Injuries

Developer of 100 hour sports massage program- Tampa Florida

**Working with Lippincot Williams and Wilkins to publish new Orthopedic Massage Manual**

### **Organizations**

**Past Chair of AMTA National Sports Massage Education Council**

**Past Public Relations Chair- Florida State Massage Therapy Association**

Current A.M.T.A. member since 1990

Current FSMTA member since 1990

**President / C.E.O. for the Center for Pain Management-Texas**

Developer of Eight Annual Cruise Seminar Retreats

Developer of Massage with the Masters Seminars

### **Awards**

1993-1997- National Officer Award –American Massage Therapy Association

1998 Outstanding State Service Award-FSMTA

1998 Professional Relations Outstanding Service Award-Florida

**1999 International Achievement Award for educating medical practitioners worldwide**

### **Brief Biography:**

**James Waslaski** currently teaches advanced techniques in Orthopedic Massage approximately 40 week-ends per year throughout the U.S., Canada, Scotland, London, Ireland, Australia, Greece, Costa Rica, and the Caribbean. James is an approved provider for NCBTMB Category A for continuing education and has been approved for continuing education in many states including Florida. His series of videotapes are currently being distributed throughout the United States, Europe, and Australia. His seminars are attended by a combination of massage therapists, physical therapists, occupational therapists, athletic trainers, nurses, osteopaths, chiropractors, orthopedic surgeons, psychologists, and psychiatrists. James has blended disciplines from throughout the world into a unique multidisciplinary approach for structural integration, resulting in pain free movements, optimal performance, and a better life for your clients.